

Elisabeth Stitt is the author of *Parenting as a Second Language: A Guidebook for Joyfully Navigating the Trials, Triumphs and Tribulations of Parenthood* and the founder of Joyful Parenting Coaching. Before that she was a teacher in the Redwood City School District (Redwood City, CA) for 25 years--mostly English and Language Arts to mostly middle school students. Elisabeth is known for her warmth and wisdom about all things kid.

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